

CENTRAL FLORIDA'S

Health & Wellness®

MAGAZINE

December 2021

Polk/Brandon Edition – Monthly

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FREE

**ST. JOSEPH'S
CHILDREN'S
HOSPITAL BRINGS
EXPERT PEDIATRIC
HEMATOLOGY-
ONCOLOGY CARE
TO POLK COUNTY**

**POST PREGNANCY
LEG HEALTH**

**RADIOFREQUENCY
ABLATION FOR PAIN
MANAGEMENT**

**SAVANNAH COURT
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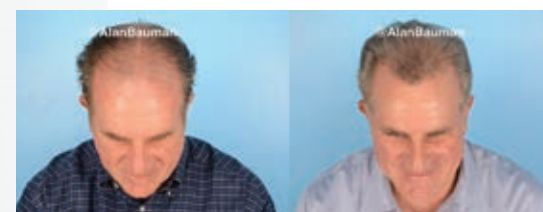
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St. Joseph's Children's Hospital Brings Expert Pediatric Hematology-Oncology Care to Polk County

Children diagnosed with blood disorders or cancers who live in or near Polk County now have access to expert care closer to home. St. Joseph's Children's Hospital's Bayless Cancer Institute is expanding its services to include a weekly clinic in Lakeland, FL.

The hospital's team of highly specialized hematology-oncology physicians will host an outpatient clinic on Mondays in the BayCare Kids Specialty Center, located at 1417 Lakeland Hills Blvd., Lakeland, FL 33805.

During the weekly clinic, the physicians will see a full range of hematology patients as well as oncology patients who have completed chemotherapy. Patients currently undergoing chemotherapy will continue to receive infusions at St. Joseph's Children's Hospital in Tampa.

"Our physicians are passionate about elevating quality care for children with blood disorders and cancers and are looking forward to the chance to better serve existing and new patients and families in Polk County and beyond," said Dr. Don Eslin, medical director of St. Joseph's Children's Hospital's Hematology-Oncology program. "This added service will help improve access to expert medical care for families who are going through a difficult journey."

St. Joseph's Children's Hospital's Bayless Cancer Institute physicians are board certified in pediatric hematology-oncology, and specialize in all hematological, malignant disorders/disease and neuro-oncology that affects infants, children, adolescents and young adults.

Howard and Deanna Bayless of Lakeland recently made a leadership gift to rename St. Joseph's Children's Hospital's Cancer Institute. The Bayless family are long-time supporters and advocates of the hospital's pediatric oncology services. Their daughter, Emily, was diagnosed in 2005 with rhabdomyosarcoma, a rare soft tissue sarcoma, when she was just a year old and was successfully treated at St. Joseph's Children's Hospital.



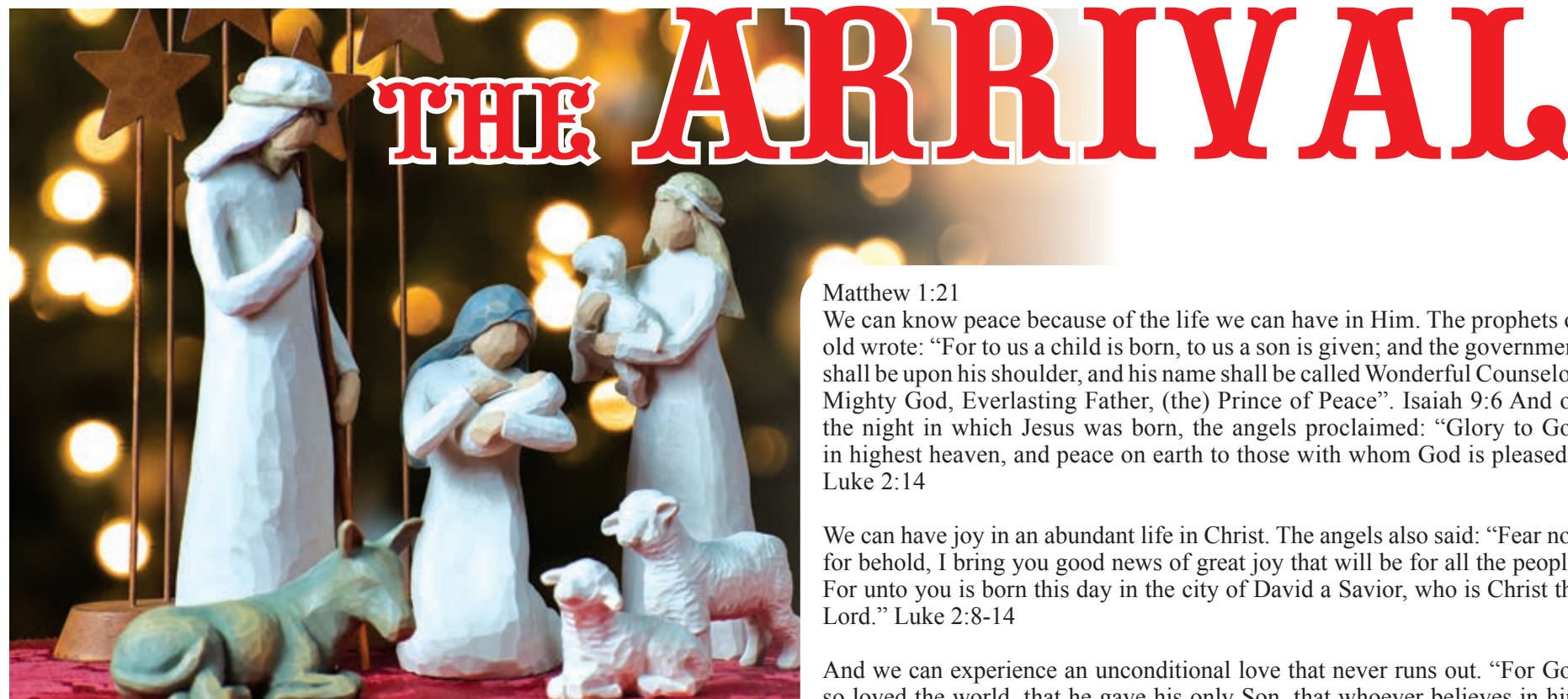
Dr. Don Eslin, medical director of St. Joseph's Children's Hospital's Hematology-Oncology program, exams 15-year-old Quielssy Miranda at the BayCare Kids Specialty Center in Lakeland, FL.

St. Joseph's Children's Hospital is Tampa Bay's largest provider of children's health services and is committed to providing everything needed for the health and well-being of children. Together, BayCare Kids and St. Joseph's Children's Hospital offer specialized inpatient and outpatient pediatric care to thousands of children and their families each year in multiple locations throughout west central Florida. From the tiniest baby to the high school quarterback, patients are cared for by doctors who specialize in treating children, in surroundings designed exclusively for kids.

To schedule a pediatric hematology-oncology appointment at the BayCare Kids Specialty Center in Lakeland, please call **(813) 321-6820**.



**1417 Lakeland Hills Blvd.
Lakeland, FL 33805
Phone: (813) 321-6820**



Do you ever find yourself in what seems like a hopeless situation? Is your life so hectic that you wish for just a moment of peace? Do you wish you laughed more, stopped to smell the roses, and enjoyed life more easily? Are relationships in your life broken – do you long for love?

If you answered “yes” to any of the above, then I have the answer for you. If you answered “no” then still read this article, commit it to memory, and bring it back to mind when need it.

Here is the answer: Christmas. Christmas is the season in which we can find all of the things we want (and need): hope, peace, joy, and love.

Many times Christmas is referred to as the Advent Season. In simplest terms, “advent” means “arrival”. But when speaking of Christmas, what exactly has arrived?. Sure, we celebrate the arrival of a baby born to a virgin in a small village in the Middle East. The baby’s name? Jesus.

But the arrival of Jesus means a lot more than just another birth. You see Christmas is the season when we celebrate the arrival of hope, peace, joy, and love because Jesus brings all those things in a relationship with Him.

We can have hope in a relationship with Jesus. No matter what may come, we anchor ourselves to the truth of Who Jesus is and what He’s done for us. The Scriptures remind us of the hope Jesus brings: “The people who walked in darkness have seen a great light; those who dwelt in a land of deep darkness, on them has light shone.” And we see it fulfilled: “She will bear a son, and you shall call his name Jesus, for he will save his people from their sins.”

Matthew 1:21

We can know peace because of the life we can have in Him. The prophets of old wrote: “For to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, (the) Prince of Peace”. Isaiah 9:6 And on the night in which Jesus was born, the angels proclaimed: “Glory to God in highest heaven, and peace on earth to those with whom God is pleased.” Luke 2:14

We can have joy in an abundant life in Christ. The angels also said: “Fear not, for behold, I bring you good news of great joy that will be for all the people. For unto you is born this day in the city of David a Savior, who is Christ the Lord.” Luke 2:8-14

And we can experience an unconditional love that never runs out. “For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.” John 3:16-17

So during this Advent Season as we celebrate The Arrival, think about all that means for us in our daily lives. As the carols play on the radio, as you see the “The Reason for the Season” bumper stickers, as you drop coins in the red buckets on the way into the store, remember that it’s about Jesus and the hope, peace, joy, and love that comes in a relationship with Him.

Brent Myers



Highland Park Church

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POST PREGNANCY LEG HEALTH

Pregnancy can cause varicose veins which persist after delivery. Post pregnancy, with time, they only get worse; especially if there are further pregnancies. Vascular Vein Centers is here to help during and after pregnancy and treat your varicose veins with minimally invasive procedures.

POST PREGNANCY Q & A

WHY DOES PREGNANCY CAUSE VEIN PROBLEMS?

Pregnancy causes significant changes in your body, and these can adversely affect your legs. The fluid in your body increases by as much as 50% during early pregnancy, and you retain more sodium from the salt you eat. These two factors can cause edema resulting in swollen legs and ankles. Levels of hormones like relaxin, estrogen, and progesterone change dramatically during pregnancy, causing your veins to dilate and weakening the vein walls. At the same time, your growing baby is compressing the veins in your pelvis, increasing pressure in the veins of your legs, and resisting the outflow of blood from the legs.





These factors make pregnancy a tough time for your legs. Although the causes of vein problems reduce after you give birth, the effects of pregnancy can leave you with lasting issues.

WHAT POST-PREGNANCY VEIN PROBLEMS MIGHT I HAVE?

Common post-pregnancy vein problems are:

Varicose veins

Varicose veins develop because of the pressure and dilation of your veins and resistance to the outflow of blood from your legs. The result can be spider veins with underlying varicose veins even if they aren't visible. Most often there are visible rope-like, bulging varicose veins which may be tender or itchy.

Vulvar varicosities

Vulvar varicosities are varicose veins that affect your vulva. There are rare during pregnancy, and usually disappear over the months following delivery. If you have vulvar varicosities that don't clear up, Vascular Vein Centers provides effective treatments. Pregnancy and post-pregnancy for up to 3 months is a time when you are at greater risk of developing deep vein thrombosis (DVT). DVT risk is higher during pregnancy and peaks after giving birth. Your body is dealing with high hormone and fluid levels and an enlarged uterus, as well as a more sedentary lifestyle.

HOW ARE POST-PREGNANCY VEIN CONDITIONS TREATED?

If you have vein problems after giving birth or persisting swelling, it's advisable to seek an evaluation at Vascular Vein Centers. Hormonal changes continue to affect your veins and fluid volume for some months after having your baby and when you're breastfeeding. This is a good time to wear compression and begin exercising. You might find that once the hormones and fluid volume return to normal, the problem veins get smaller, but they don't go away and will become worse with time. Vascular Vein Centers provides advanced treatments for varicose veins, spider veins and vulvar varicosities, including:

- Foam sclerotherapy using Varithena®; an FDA approved treatment
- Endovenous laser therapy (EVLT)
- Ultrasound-guided sclerotherapy
- Cosmetic sclerotherapy for spider veins

These treatments seal off and eliminate affected veins, so your body directs your blood through healthy veins. The treated veins disappear over time. The procedures are all minimally invasive outpatient procedures that the Vascular Vein Centers team performs in-office. To find out more about post-pregnancy vein therapy and the challenges of maintaining healthy legs during and post pregnancy, call Vascular Vein Centers today. For your convenience, appointments can be booked online.



**WE'RE OPEN & SAFE,
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of Davenport / Haines City**

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FL 33837

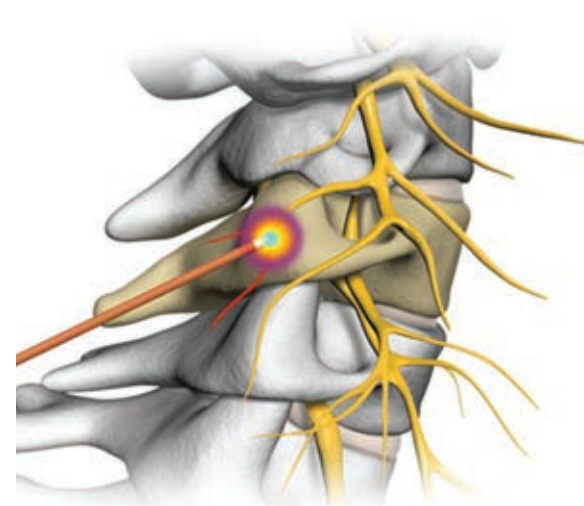
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RADIOFREQUENCY ABLATION FOR PAIN MANAGEMENT



At the Spine & Pain Institute of Florida in Lakeland, Florida, Navdeep Jassal, MD, and his team are experts at performing radiofrequency ablation. This minimally invasive treatment can get rid of your pain for months, years, or even forever.

WHAT IS RADIOFREQUENCY ABLATION?



Radiofrequency ablation is a treatment that uses electromagnetic waves to create heat. The heat destroys the nerve tissue that's causing your pain. With the nerve destroyed, the pain signal is no longer sent.

WHAT CONDITIONS ARE TREATED BY RADIOFREQUENCY ABLATION?

Dr. Jassal uses radiofrequency ablation to help patients with chronic pain in the lower back, neck, and sacroiliac joints, which are located in the pelvis. Patients with joint pain related to arthritis may also benefit.

A

RE YOU ONE OF THE MILLIONS OF AMERICANS SUFFERING FROM CHRONIC BACK OR NECK PAIN? HAVE YOU TRIED MULTIPLE TREATMENT OPTIONS WITH LITTLE OR NO SUCCESS? IF SO, RADIOFREQUENCY ABLATION MIGHT BE THE SOLUTION TO YOUR CHRONIC PAIN.



It's also possible to treat other pain conditions with radiofrequency ablation. The team at Spine & Pain Institute of Florida will give you a thorough evaluation to determine the best course of treatment for your symptoms.

HOW DOES RADIOFREQUENCY ABLATION WORK?

Radiofrequency ablation is minimally invasive, and the procedure typically takes less than an hour. It's performed on an outpatient basis, and patients are usually allowed to go home after a short recovery period.

Typically, you are given a local anesthetic at the treatment site. Then, using a special X-ray, Dr. Jassal inserts a needle near the nerve that's causing your pain.

Once the needle is in place, a radiofrequency current is passed through the needle to create a precise burn on the nerve. This destroys the part of the nerve responsible for transmitting pain and disrupts the signal to the brain.

Dr. Jassal will provide you with specific post-procedure instructions, and these usually include avoiding driving for 24 hours as well as resting and avoiding strenuous activity for 24 hours.

IS RADIOFREQUENCY ABLATION EFFECTIVE?

Yes. More than 70% of patients experience lasting relief with radiofrequency ablation. It usually takes 1-3 weeks for the treatment to take its full effect.

Pain relief typically lasts 6 months to 2 years, and for some patients, the pain never returns. It's possible, however, for the nerve to regrow. In these cases, radiofrequency ablation may be required again.

ARE THERE ANY RISKS ASSOCIATED WITH RADIOFREQUENCY ABLATION?

Radiofrequency ablation is a safe procedure with few risks of complications. Serious complications, such as infection and bleeding, are rare. Temporary side effects — which are also uncommon — usually only last 2-3 days.

They include:

- Localized numbness or weakness
- Mild discomfort or an increase in pain
- Swelling or bruising at the incision site

The treatment is not a good option for women who are or may become pregnant, people with an infection, or those who suffer from bleeding disorders.

You don't have to live with pain any longer. If you're suffering from chronic pain, book an appointment online or over the phone with Spine & Pain Institute of Florida today.



About Dr. Jassal

If you want an award-winning expert who offers the latest treatments to reduce pain, look no further than Navdeep Jassal, MD. At his practice, Spine & Pain Institute of Florida, located in Lakeland, Florida, Dr. Jassal treats a wide variety of pain types with comprehensive, personalized, evidence-based care.

Dr. Jassal started his medical education at the University of California, San Diego, where he earned his bachelor of science in biology. He then continued onto Ross University School of Medicine in Dominica, West Indies, completing his Doctor of Medicine degree. He completed his physical medicine and rehabilitation residency at the Zucker School of Medicine at Hofstra/Northwell in Great Neck, New York, and was elected chief resident during his final year. Dr. Jassal then rounded out his medical training with a pain medicine fellowship at the University of South Florida Morsani College of Medicine in Tampa, Florida.

Today, Dr. Jassal is certified by the American Board of Physical Medicine and Rehabilitation in both pain medicine and physical medicine and rehabilitation. He leverages his pain medicine specialty to help patients manage even the most complex pain.

Dr. Jassal treats chronic and acute pain, including cancer pain, neurological pain, and musculoskeletal pain. To do this, he offers each patient a personalized interventional treatment plan that may include tailored physical therapy, medication, and procedures like implantable spinal cord stimulators, intrathecal drug delivery systems, lumbar decompression, minimally invasive sacroiliac joint fusion and more.

When he's not treating patients, Dr. Jassal extends his expertise to others. He serves as an assistant professor for the Department of Physical Medicine & Rehabilitation at the University of Central Florida as well as an assistant clinical professor for the University of South Florida's pain medicine fellowship. He is also actively involved in research to uncover new, minimally invasive ways to treat spinal pain.

Dr. Jassal is an award-winning physician. In the Tampa edition of Top Doctor, he was voted the #1 Tampa pain physician in 2018 and was runner up in 2019. The University of South Florida named him Pain Faculty Attending of the Year in 2018. In addition, he recently won first place at the annual meeting of the American Society of Interventional Pain Physicians for his research and consistently presents at regional and national conferences on his outcomes.



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Savannah Court Senior Living Communities – *Offering You so MUCH more*



Recently Savannah Court of Lake Wales was awarded the “Pinnacle Award” and “The Best of 2021” in senior living by SeniorAdvisor.com. The Savannah family of retirement living communities offers an exceptional array of retirement options for Florida residents and their loved ones. Our unique communities stretch across the state, including eleven Savannah Court Assisted Living Support Residences, two Savannah Grand Residences, several Savannah Cottage Memory Support Residences and two Savannah Cove locations specializing in rehabilitation and skilled nursing.

Enjoy the finest in assisted living accommodations at Savannah Grand and Savannah Court Assisted Living Residences. Each of our communities offers residents several choices in floorplans, tastefully decorated common areas and immaculately maintained grounds. Our signature service program provides supervision, personal care and many other services designed to provide a fulfilling lifestyle for seniors. We specialize in independent, assisted living, and memory care communities.

Residents are escorted out for shopping, dining, and sightseeing on a regular basis. It's truly the best lifestyle!

All of our communities offer different amenities, lifestyle choices, healthcare and programs. Below is a snapshot to paint the picture more clearly of what one of senior communities is like and why so many residents love to call our communities “Home.”

SAVANNAH COURT OF LAKE WALES SENIOR LIVING OPTIONS

Savannah Court of Lake Wales, senior assisted living community is full of vibrant activity while offering a warm and comfortable feel throughout. Savannah Court is home to a wide range of people including independent residents who appreciate the security a community brings, residents who need physical assistance, residents who may need a little support and those living with dementias. Savannah Court of Lake Wales has it all. The community represents a true Central Florida retirement lifestyle with comfort throughout. Whether relaxing in the quaint lobby or one of several comfortable living rooms, mingling with new residents at an ice-cream social, or joining a live entertainment performance, Savannah Court of Lake Wales offers an abundance of opportunities for any lifestyle. This is assisted living at its finest.

Assisted Living

Assisted living at Savannah Court of Lake Wales is individualized. Residential private apartments with support and care close at hand. Savannah Court of Lake Wales offers support and personalized lifestyle while encouraging privacy and independence.

At Savannah Court of Lake Wales, life is resident centered.

The associates at Savannah Court provide support based on individual resident needs.

Residents are able to remain as independent as possible with the peace of mind that support is steps away if needed. Residents in our assisted living community have all the benefits of a full support staff, chef, activities program, housekeeping, maintenance along with personal care services for assistance with daily activities and access to a nurse.

Short Term Respite Care in Lake Wales, FL

The Savannah Court Respite Program provides temporary and short term residential opportunities. Relax in a fully furnished senior living suite as our team assists you with whatever you need!

Respite is ideal for those who need transitional assistance after an illness, surgery, or a hospital stay and are not quite ready to go home alone. A Respite Stay also allows primary caregivers to take a break by going on a vacation or just taking a few days to relax while knowing your loved one is being well cared for. Respite stays may be as short as a few days, or as long as a few months. We find that many respite residents enjoy the experience so much, they either move-in becoming permanent residents or they return again and again!



Adult Day Programming

Savannah Court is glad to offer Adult Day Care for Lake Wales' Seniors. Day Programming is perfect for seniors who need a little socialization during the day! Generally available 7 days a week, Savannah Court's Adult Day Care Programs are a great alternative to staying at home! They are also a great worry free glimpse into the LIFE at Savannah Court for prospective residents

Community Benefits

Savannah Court offers worry free living to all residents, their families and our guests. Residents enjoy the benefits of a chef, housekeeper, concierge, chauffeur, maintenance team as well as a vibrant social calendar.



Savannah Court is home to Resident Programming Department that tailors their programming to the personalities that live at Savannah Court. From arranging small poker nights to throwing the Annual BBQ, the programming team makes residents feel right at home – and keep residents engaged and excited about what's next.

COMMUNITY AMENITIES

- Recreation Room
- Meal Service
- Media Room
- Housekeeping
- Library
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- Availability 24 Hours
- Courtyard
- High Speed Internet

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Lake Wales

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www.SLM.net



THE HOLIDAYS ARE HAIR!

...Just What the Doctor Ordered for Optimum Hair & Scalp Health

by Alan J. Bauman, MD, ABHRS

Have you ever thought about doing your holiday shopping at a doctor's office? Probably not, but it might be time to shake up your routine a bit, especially if someone you love is concerned about their hair health.

Bauman Medical has a host of stocking stuffer supplements as well as the best high-tech gadgets ever developed for hair growth, and luxurious hair enhancing services that just about anyone concerned with hair health would love to receive.

And best of all, they're all available right now on our website from our warehouse (no stuck barges keeping our shelves bare).

SUPPLEMENTS

Let me start by telling you about our brand-new line of proprietary nutritional supplements, developed at my direction for maximum hair health. These bottles of cheer won't cause hangovers (and may reduce combovers).

THE RECRUITER: This special blend of probiotic, plant extract, and Vitamin D3 promotes the release of stored stem cells. Stem cells assist in healing damaged tissues due to aging, injury, and stress. It increases the number of circulating stem cells in your body to promote healthy hair growth and overall health.

THE GOOD GUYS: This hair probiotic complex infuses the gut with elements needed to optimize the digestive process and maximize overall health and wellness. This formula supports a robust scalp and strengthens follicles for optimal hair growth.

THE BODYGUARD: This formula contains a unique blend of herbs and mushrooms shown to support a healthy immune system and defend against environmental toxins and stress-related weakness of the immune system. Scientific research confirms the benefits of the immune-enhancing herbs within the formula, together with the fungi, especially Asian mushrooms.



A-LIST HAIR VITAMIN COMPLEX: I call this my "strategic supplement," because it contains top-tier ingredients that've been shown to strengthen hair and support skin elasticity. It contains antioxidants and trace minerals that protect hair and skin, promote collagen renewal for hair, skin hydration and wound healing.

My oldies but very, very goodies...

NUTRAFOL: A nutraceutical that targets the main triggers for hair loss before the follicle is beyond repair. It's the only nutritional that targets all four stages of hair health to help prevent thinning hair and hair loss, and to help grow thicker, healthier hair.

VIVISCAL PROFESSIONAL: This 100% natural food supplement is specifically designed to nourish thinning hair and create a healthy environment for existing hair and hair follicles.

(Feel free to contact us to discuss which of the products would be best for you or your gift recipient).

LASER THERAPY

Make your season "bright." Light up his, her (or your) life with the award-winning Bauman Turbo LaserCap®,

the fastest, most portable, most advanced, hands-free, cordless, rechargeable medical grade low-level laser therapy device. The FDA cleared Turbo LaserCap was designed for men and women to deliver effective laser therapy for hair regrowth to the widest scalp treatment area possible, conveniently in the privacy of your home.



Bauman Medical has a host of stocking stuffer supplements and the best high-tech gadgets ever developed for hair growth, including the Award-winning Bauman TURBO LaserCap, perfect holiday gifts that just about anyone concerned with hair health would love to receive.



Give yourself or someone you know a "Scalp Makeover" for the holidays. It's the ultimate pampering for your scalp, providing stress-reducing and circulation-stimulating scalp massage, scalp steaming and application of highly advanced topical therapeutic products to boost the health of the scalp and follicles.

Consistent use of drug-free, medical-grade, low-level laser therapy treats hair loss, hair thinning and has been scientifically proven to improve the appearance of hair quality, hair strength, and hair thickness as well as promote hair regrowth.

THE SCIENTIFIC SCALP MAKEOVER™

The Scientific Scalp Makeover™ is for him or for her. Lots of people come just for the chance to relax and unwind with an indulgent (and therapeutic) 90-minute-to-three-hour session in our "head-spa" room. We dim the lights and provide a variety of soothing services including an aromatherapy session, customized scalp mask treatment for optimum scalp health and hair beauty, a deep scalp massage to stimulate and purify the scalp and increase circulation, a deep cleansing shampoo, and a customized conditioner or hair mask. (Ahhh...)

These sessions are indulgent but can be more than an indulgence. They're a necessity for people whose hair isn't growing like it used to. Your scalp is skin, too, so treat it like skin.

CONSULTATION

And finally, perhaps the greatest gift of all (for yourself or someone else concerned about hair loss) is a virtual or in-person hair loss consultation with me. Your consultation includes a review of your challenges and goals, a deep dive into your medical risk factors, and more. We'll design a personalized treatment plan together, then assign a dedicated patient advocate to you who'll guide you through the treatment process.

Ready to start shopping? Contact us at **561-220-3480** or visit our website.

About Dr. Alan J. Bauman



Alan J. Bauman, MD, ABHRS, IAHRs
Hair Loss Expert

Dr. Alan Bauman is a full-time board-certified hair restoration physician who has treated over 30,000 patients, has performed more than 10,000 hair transplant procedures and over 8000 PRP's since starting his medical hair loss practice, Bauman Medical in 1997.

Dr. Bauman is one of approximately only 200 physicians worldwide to achieve the certification from the esteemed American Board of Hair Restoration Surgery (ABHRS). Dr. Bauman is known for pioneering numerous technologies in the field of hair restoration including minimally-invasive FUE Follicular Unit Extraction, VIP|FUE™, Low-Level Laser Therapy, PRP Platelet Rich Plasma, PDOgro™, eyelash Transplants and others.

Dr. Bauman was voted "#1 Top Hair Restoration Surgeon" in North America by Aesthetic Everything for the 5th consecutive year, "Top Hair Restoration Surgeon of the Decade", and was recently named by Forbes as one of "The 10 CEOs Transforming Healthcare in America."



ADVANCED TREATMENTS. EXCEPTIONAL RESULTS.
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GENETICS AND HAIR LOSS



- There are now over 200 known DNA locations (genes and SNPs) that contribute to genetic baldness.
- Hair loss genes can be inherited from either your mother's or father's side of the family, or a combination of the two.
- Hair loss can start as soon as puberty begins, depending on your hereditary sensitivity to DHT.
- Color quality, texture, length of growth cycles, balding patterns, the speed of balding – all of those put together will determine how quickly you see loss occur, how quickly it progresses, and how long it will occur later in life.
- Because it is a recessive gene, hair loss can skip generations, skip siblings, etc.
- Many consumer DNA tests (e.g. 23andMe) include a prediction of whether you are likely to experience hereditary hair loss.

About Dr. Bauman (on file)



USE YOUR TIME WISELY

You get one life, make the best use of your time by making memories and doing something you enjoy. How we use our time every day, eventually defines our lives. It can take a lot for you to take time off to visit a doctor in person. You may have to call out of work or school to see a medical provider, taking away money, time, and energy. If a virtual solution that is just as effective is available, why not try it? Don't let life pass you by standing in lines for your meds, let AllMedRx deliver them right to your door. Tick Tock the countdown to saving money starts now. As the year comes to an end and the clock ever so quickly launches us into next year remember your time is valuable.

AllMedRx.Org provides the convenience of telehealth visits to their Florida neighbors. You simply speak with an experienced doctor face-to-face virtually via your smartphone and receive care tailored to your individual needs.

Fortunately, the new widespread use of telehealth and virtual care technologies has made it easier for people to get medical care. The COVID-19 pandemic has made virtual healthcare a necessity to help keep everyone healthy. AllMedRx has done the same as we now have an online pharmacy.

AllMedRx Specialty Pharmacy is a Brick-and-Mortar independently owned compounding pharmacy, proudly licensed in 44 states. We have been servicing our community locally and nationally since 2013. Our mission is to make generic FDA-approved prescription medications accessible to all at an affordable cost without compromising quality.

All our medications are sourced from the most reputable wholesalers in the United States. We love our patients and see them as an extension to our family.

Our facility is equipped with a state-of-the-art USP <797> compliant Sterile Clean Room. AllMedRx pharmacists and pharmacy technicians are highly trained in sterile and non-sterile compounding.



Specializing in sterile eye drops. We are passionate and dedicated to providing premier customer service to our patients.

Our patients' security and privacy are of utmost importance. To us, confidentiality is imperative to all parties involved. While many online pharmacies are illegitimate our HIPPA compliant pharmacy is LegitScript certified. This badge provides our patients with a trusted and recognized stamp of approval for legitimate and safe health merchants. AllMedRx eliminates the need to order medications from outside of the United States by offering cost-effective prices. Medications that you can trust at a price that will help you confidently apply your healthcare dollars in a safe and secure environment. AllMedRx will guarantee the authenticity of all of our prescription medications ensuring the medication ordered is the medication dispensed.

**I'm sure at this point you're asking yourself,
"How do I place my order?"**

Rest assured, you can drop off your prescription in-store or order online at Allmedrx.org. You can pick up your medication in-store or have it shipped to your doorstep in a discrete unmarked package, the option is yours!

Have any questions? No worries, give us a call today at **561-557-1645** and one of our pharmacist or pharmacy technicians will be more than happy to better assist you!



561-557-1645
Allmedrx.org

AllergywoRx™

In today's busy, fast-paced world where everyone has loads of commitments and responsibilities, it can be difficult to carve time out for yourself – especially when it comes to your health. People often neglect getting the medical care they need, especially for nonemergency issues like allergies.

December brings in the winter months and exposure to different allergens that could be aggravating your skin. Don't fall victim to what this season brings, go to AllergywoRx.org and schedule your allergy test today!

Gone are the days when you had to get an in-office allergy test to find the culprit of your symptoms. While an in-office allergy test is effective, it can be costly and time-consuming. Fortunately, now you can find the culprit of your itchy, puffy eyes and nose, shortness of breath, or sneezing without leaving your home with the help of at-home allergy testing.

At-home allergy testing is an economical, convenient, and equally accurate alternative allergy testing method. You can perform testing right from the comfort of your home while being virtually supervised by your provider.

If you are one of the millions of Americans who want to pin down and treat their allergies once and for all, book yourself for a consultation with one of our highly qualified general practitioners. To set up a telehealth appointment with one of our providers, call us today at **(888) 508-5110**.

Your comfort and relief are our highest priorities! AllergywoRx provides personalized allergy medication therapies that cater to the unique needs of patients suffering from allergies, throughout the nation. By working directly with the physician and the patient, we strive to develop the best action plan for each individual.

Per The Cochrane Library Sublingual immunotherapy allergic rhinitis, 2010 "[Immunotherapy] is the only known treatment that modified the immune response and treats the cause rather than the symptoms". If you are one of the millions of Americans who is wanting exceptional quality of care look no further.

Don't want to leave the comfort of your home to talk to a doctor about your allergy symptoms? Schedule a telehealth visit at AllergywoRx.org and a telehealth physician can better assist you.



Today, the convenience of home delivery has become an integral part of our lives. AllergywoRx delivers your medication right to your doorstep. Physicians Become a Provider!

In just 3 easy steps you could be on your way to generating additional revenue and with a turn-key allergy program while also providing positive patient outcomes! Our allergenic extracts are exclusively handled at AllMedRx Specialty Pharmacy's state-of-the-art USP <797> sterile compounding lab.

1. Complete our contact form at AllergywoRx.org or call us at **888-508-5110** to learn the simple steps to prescribe allergy immunotherapy.
2. Screen & test your patients: use our easy-to-administer, turn-key allergy test program (Environmental, Food, or Ocular Allergy Test Kit)
3. Prescribe allergy treatment. Your patient's allergy therapy will be prepared at AllMedRx Specialty Pharmacy's state-of-the-art USP <797> sterile compounding lab.

**HAVE A MERRY, SNIFFLE-FREE HOLIDAY!
FROM OUR TEAM HERE AT ALLERGYWORX.**

AllergywoRx™
Powered by **allMedRx** Specialty Pharmacy

(888) 508-5110

www.HealthandwellnessFL.com



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